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The Impact of Dr. Jose Rizal's Martyrdom on Students' Commitment to Social Change and Justice

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Abstract

This research examines the impact of Dr. Jose Rizal's ideologies, life, principles, and martyrdom on the commitment of Level II Block A student nurses to social change and justice. A quantitative approach was employed, utilizing a structured questionnaire to collect data from 42 student nurses at Saint Louis University. The questionnaire assessed their familiarity with Rizal's life and achievements, the relevance of learning about Rizal in today's generation, challenges in fostering social change and justice in their community, lessons derived from Rizal's life and sacrifice, and the perception of Rizal's fight for social reform in relation to their commitment. The findings indicate that most respondents are familiar with Rizal's life and achievements, highlighting the influence of the Rizal Law in cultivating awareness. The respondents acknowledge the importance of learning about Rizal in addressing contemporary social issues. Challenges identified include lack of awareness, resistance to change, limited support, and adherence to social and cultural norms. Key lessons drawn from Rizal's life and sacrifice encompass the significance of education and intellectual pursuit, the impact of social inequality and injustice, the power of peaceful resistance and civil obedience, and the importance of cultural and national identity. The perception of Rizal's fight for social reform varies among respondents, with some strongly influenced and motivated by his struggle while others attribute their commitment to additional factors. This research provides valuable insights into the influence of Rizal's martyrdom on student nurses' dedication to social change and justice, contributing to the development of educational programs and interventions that promote active citizenship and meaningful engagement in societal issues.

Keywords: Dr. Jose Rizal, martyrdom, students, commitment, social change, justice, social consciousness, values, integrity, professionalism, social knowledge, societal transformation, Noli Me Tangere, El Filibusterismo, empowerment

Introduction

Rizal is regarded as a national hero in the Philippines, and his martyrdom is commemorated annually. During the commemoration of the 122nd anniversary of Rizal's martyrdom, the presidential spokesperson Salvador Panelo called on Filipinos, particularly the youth, to be inspired by the martyrdom of the national hero Dr. Jose Rizal in facing challenging and

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crucial times for the benefit of the country. Panelo also states that the youth should follow Rizal's footsteps by taking courage and serving a purpose to lead a more meaningful life. His ideas and principles continue to be integrated into the educational curriculum, ensuring that future generations learn about his contributions to Philippine history and his call for social change and justice that have impacted Filipino history and society. Acquiring knowledge adeveloping skills is not just the main focus of higher education; it also involves shaping the students' values, integrity, professionalism, and social knowledge. Rizal is usually studied in the context of literature and history that impacted the students' commitment to social change and justice.

Rizal dedicated his writings to his family, beliefs, explorations, and pursuit of justice. According to DeStephano (2015), he passionately focused on his homeland, aiming to expose corruption, denounce injustices, and inspire his fellow Filipinos to work for the common good and love their country. His novels, "Noli Me Tangere" and "El Filibusterismo," became renowned for their social, political, and cultural themes, criticizing Spanish colonial rule and advocating for social reforms and empowerment of the Filipino people. These works have had a lasting impact, instilling a sense of national identity and inspiring Filipinos to strive for societal change and justice. Unfortunately, despite the continued relevance of Rizal's writings, there remains a lack of awareness and adherence to their true message among the Filipino people (Doblado, 2020).

Although the lack of awareness and adherence to the true essence of Rizal's writing among people increased, Rizal Law was mandated to promote a deeper understanding and appreciation of the life, works, and ideals of Dr. Jose Rizal among the Filipino people. By studying his works, individuals can develop a critical perspective and a heightened social consciousness. They can reflect on the relevance of Rizal's messages in addressing present-day challenges and become agents of positive change in their communities. The following are examples of personal experiences by students in tertiary education:

a) Youth-led Movements and Organizations

Several youth-led movements and organizations have emerged to address social issues and advocate for justice. One notable example is the #YouthResist movement, which focuses on human rights and social justice issues. The movement organizes protests, awareness campaigns, and community initiatives to promote change and demand accountability from the government (Rappler, "Filipino youth are resisting," 2019).

b) Excerpts from "Backtracking towards a Transformative Rizal Curriculum."

According to Ortiz (2020), the course examining Rizal's novels has significantly impacted the understanding of societal issues. The research indicates that participants could recognize the deep-seated roots of current societal ills by exploring nineteenth-century society's specific problems, issues, and social and political situations. The research findings reveal that the regular contextualization of Rizal's life and works during class discussions, along with the explication of the development of his ideas, contributed to a compelling

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portrait of Rizal as an ordinary man who fervently sought solutions for the social conditions of his time. Furthermore, the research highlights how the readings of Rizal's novels by Professor Dumol conveyed the crucial lesson that the success of a social institution hinges primarily on individuals willing to defend and uphold its values. The research outcomes indicate that the emphasis on the individual's role in the ongoing project of the nation led to significant personal transformations among the participants, fostering a sense of personal agency in addressing societal issues and working towards a better society.

c) 'We Want a Change': In the Philippines, Young People Aim to Upend an Election.

The article discusses the involvement of Filipino youth in the presidential election in the Philippines, particularly in supporting Leni Robredo. Despite facing long odds, Robredo has garnered significant support from young voters, with millions of volunteers signing up for her campaign. It also highlights the passion and intensity of the youth's engagement in this election compared to previous ones, with various youth-led groups and campaigns supporting Robredo emerging, including those inspired by K-pop and Taylor Swift. The youth's involvement reflects a desire for real change in the country and a rejection of past human rights abuses. Students play a crucial role as catalysts for social change. They possess a unique perspective and energy that can drive societal transformative actions.

- c.1 Rizal advocated for social change and justice during his time. He used his writings and activism to shed light on the social and political issues of his era, such as colonialism, inequality, and human rights abuses. Similarly, the Filipino youth in the article are engaging in the democratic process and supporting a candidate they believe will bring about positive change and address the concerns they have about current leadership.
- c.2 Rizal's fight for social change and justice was rooted in his desire to improve the lives of his fellow countrymen. Likewise, the youth in the article are motivated by their discontent with the policies and actions of the current administration, particularly regarding issues such as the war on drugs and the handling of the pandemic. They see supporting Robredo as a way to advocate for a better future and address these societal problems.
- c.3 Rizal's fight for justice and his efforts to expose injustices were challenged and opposed by powerful forces. Similarly, the youth in the article face challenges from disinformation campaigns that aim to distort the truth and undermine the candidate they support. This reflects the ongoing struggle for truth, transparency, and accountability in pursuing social change and justice.

Understanding the influence of Dr. Jose Rizal's martyrdom on the students' commitment to social change and justice can provide valuable insights into how historical figures and events shape the mindset and activism of the younger generation. By examining the extent to which students are aware of Dr. Jose Rizal's life, writings, and martyrdom, as well as their understanding of the values and principles he stood for, this research aims to shed light on the enduring impact of Dr. Jose Rizal's martyrdom on Level 2 Block A students' commitment to social change and justice. The study addresses a notable gap in the literature

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and provides valuable insights into the role of Rizal's martyrdom in shaping the students' commitment to social change and justice. Furthermore, it explores how this awareness translates into tangible actions and student engagement in social justice issues.

The findings of this study can have significant implications for educators, policymakers, and society as a whole. It can inform the development of educational programs that effectively transmit the values of social change and justice embodied by Dr. Jose Rizal to future generations. Moreover, understanding the factors influencing students' commitment to social change and justice can create an environment that nurtures active citizenship and meaningful participation in societal issues.

Objectives

The research aims to investigate and understand the influence of Dr. Jose Rizal's ideologies, life, principles, and martyrdom on the commitment of Level 2 Block A students to social change and justice. The study aims to achieve the following specific objectives:

- a. To determine the influence of Dr. Jose Rizal's ideologies to students' approach towards social change and achieving justice
- b. To evaluate students' knowledge and understanding of Dr. Jose Rizal's life, principles, and martyrdom, as well as their grasp of how these relate to social change and justice
- c. To explore the extent to which the martyrdom of Dr. Jose Rizal influences students' attitudes, beliefs, and values towards social change and justice, including their level of commitment and motivation to actively engage in efforts to address social issues and promote justice.

Statement of the Problem

Dr. Jose P. Rizal's martyrdom in the pursuit of freedom for Filipinos is widely recognized among most students. However, some students lack awareness regarding the profound impact of Rizal's life and works in the contemporary era. Hence, This study aims to explore the extent to which the martyrdom and death of Rizal continue to influence students. By addressing these research questions, the study aims to gain a deeper understanding of how Dr. Jose Rizal's martyrdom influences the commitment of Level 2 Block A students to social change and justice. The findings of this research can contribute to the development of educational strategies and interventions that foster a sense of social responsibility among students, aligning with the principles of Dr. Jose Rizal's legacy. The following research questions will guide the study:

How familiar are you with Dr. Jose Rizal's life and achievements?

- 1. To what extent do you think learning Dr. Jose Rizal's life and works are important in today's generation?
- 2. What do you consider to be the biggest challenge or difficulty in fostering social change and justice in your community?
- 3. What are the most important lessons for social change and justice that may be drawn from Dr. Jose Rizal's life and sacrifice?

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4. How do you perceive Dr. Jose Rizal's fight for social reform in relation to your own commitment to social change and justice?

Methodology

This research paper employed a quantitative approach using frequency and averaging of responses. The study involved survey questionnaires to collect quantitative data on students' familiarity with Dr. Jose Rizal to determine the accumulated hypothesis (i.e., valuable insight into historical figures and events that shaped the mindset of the younger generation).

The participants in this study were Level 2 Block A students from Saint Louis University, School of Nursing, Allied Health, and Biological Sciences in Baguio City. This specific group of participants was selected through convenience sampling due to accessibility and ease. Subsequently, to gain an in-depth understanding of the impact of Dr. Jose Rizal's martyrdom on the students' commitment to social change and justice.

A structured questionnaire was developed to gather data on participants' awareness of Dr. Jose Rizal's life, writings, and martyrdom and their understanding of his values and principles. The questionnaire includes Likert-scale, multiple-choice, and open-ended questions to assess their knowledge, perceptions, and beliefs regarding social change and justice in relation to Rizal's influence. The survey data was analyzed using descriptive statistics to summarize participants' responses and identify patterns, trends, and relationships between variables.

Ethical approval was obtained from the relevant institutional review board to ensure participant confidentiality, informed consent, and protection of their rights. Participants were provided with information about the research purpose, voluntary participation, and their right to withdraw without consequences. Steps will be taken to ensure anonymity and confidentiality in data collection, storage, and reporting.

Scope and Delimitation

The scope of this research focuses on exploring the impact of Dr. Jose Rizal's martyrdom on Level 2 Block A students' commitment to social change and justice. The study specifically examined the attitudes, beliefs, and behaviors of the respondents in relation to social change and justice, influenced by their knowledge and understanding of Dr. Jose Rizal's life, martyrdom, and his advocacy for societal transformation. The respondents of the study are from the School of Nursing Allied Health and Biological Sciences, specifically Level 2 Block A students of Saint Louis University, which may limit the generalizability of the findings to a broader population. Other levels or blocks of students were not included in the research. The study has a limited number of participants. Thus, the gathered data may not represent the population of Saint Louis University as a whole and only reflects the knowledge, perceptions, and beliefs regarding social change and justice of the participants involved.

Significance of the Study

The research study holds significance for various stakeholders, including students,

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teachers and educators, and the community. The study's significance is as follows:

- a. Students: The research study will help students develop connections to Dr. Jose Rizal's martyrdom and understand its significance in fostering higher patriotism. By exploring the life, principles, and sacrifice of Dr. Jose Rizal, students can gain a deeper appreciation for the values he stood for and his dedication to social change and justice. This understanding can inspire students to develop a stronger commitment to these ideals and actively engage in efforts to bring about positive societal transformations.
- b. **Teachers and Educators:** The research study will provide educators with valuable insights and knowledge about the historical context surrounding Dr. Jose Rizal's martyrdom, values, and principles. This understanding will enable teachers to effectively educate and guide students, helping them develop a profound comprehension of Dr. Rizal's contributions to social change and justice. Educators can incorporate these learnings into their teaching strategies, fostering a sense of responsibility and activism among their students.
- c. Community: The research study will contribute to the community's understanding of Dr. Jose Rizal's martyrdom and its implications for justice and social change. The findings of the study can serve as a resource or reference material for community members to gain a deeper insight into Dr. Rizal's sacrifice and its relevance in contemporary times. This knowledge can be passed on to future generations, promoting a sense of social responsibility and inspiring collective action toward a more just and equitable society.

Results and Discussion

There were a total of 42 respondents from the School of Nursing, Allied Health and Biological Sciences (SONAHBS) program. All of the respondents are currently in the second-year level. The presentation and discussion of findings follows the data obtained from the questions asked from the respondents.

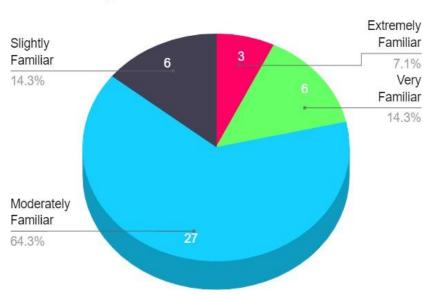
1. How familiar are you with Dr. Jose Rizal's life and achievements?

The majority of the respondents (36 out of 42) expressed some degree of familiarity with Dr. Jose Rizal's life and achievements, as indicated by their responses on the questionnaire. A significant portion of the respondents have at least some knowledge of Rizal's contributions. The distribution of familiarity levels shows that the highest number of respondents rated themselves as "Moderately Familiar" (27 respondents), followed by "Very Familiar" (6 respondents) and "Slightly Familiar" (6 respondents). Additionally, three respondents considered themselves "Extremely Familiar" with Rizal's life and achievements. It is also worth noting that none of the respondents indicated a lack of familiarity with Dr. Jose Rizal.

The findings imply that, within the surveyed group, there is a general level of awareness and recognition of Dr. Rizal's importance. This is because the Rizal Law mandates

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that Rizal's life, works, and writings, specifically his novels "Noli Me Tangere" and "El Filibusterismo," be made compulsory reading in all schools. The primary objective of this legislation is to augment the teachings of nationalism among Filipino students (Medina, 2014). Thus, the implementation of the Rizal Law implies a deliberate effort to cultivate awareness and appreciation for Dr. Rizal's contributions and significance in the collective consciousness of the surveyed group.



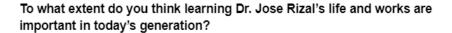
How familiar are you with Dr. Jose Rizal's life and achievements?

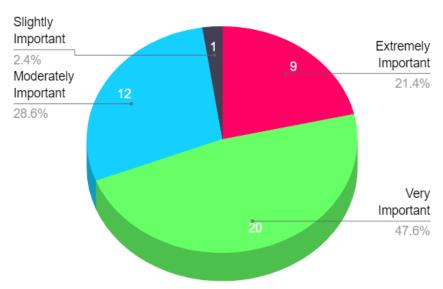
2. To what extent do you think learning Dr. Jose Rizal's life and works are important in today's generation?

The responses indicate that most respondents (41 out of 42) recognize the importance of learning about Dr. Jose Rizal's life and works in today's generation. It suggests that they believe Rizal's teachings and principles have relevance and value in addressing contemporary social issues. The distribution of importance ratings shows that the highest number of respondents considered it "Very Important" (20 respondents), followed by "Extremely Important" (9 respondents) and "Moderately Important" (12 respondents). Only one respondent rated it as "Slightly Important." The questionnaire's use of a Likert scale and multiple-choice questions allowed the participants to express their level of agreement or disagreement with the importance of learning about Rizal's life and works.

The overwhelming agreement on the importance of learning about Rizal's life and works indicates a shared belief among the students that his ideas and values can contribute to social change and justice in the present context. According to Deponio and Viray (2022), the importance of the theme "meaningful" to the students could be associated with the messages of Rizal's poems that are embedded in the minds and hearts of the youth. As a result, Rizal's words were too meaningful and inspiring for his time and the present generation.

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3. What do you consider to be the biggest challenge or difficulty in fostering social change and justice in your community?

The respondents were asked about the challenges or difficulties faced in fostering social change and justice in the community, and the majority chose lack of awareness (21 out of 42 respondents). This result suggests that most students knew that lack of awareness is one of the major reasons why there is difficulty in fostering change and achieving justice in the community. According to Greene & Kamimura (n.d.), a considerable number of college-aged students often find themselves lacking the necessary social awareness that is crucial for instigating significant social change. While they may possess the ability to readily identify prominent figures and symbols associated with various social movements, such as the civil rights movement, they frequently fail to fully comprehend the fundamental needs, motivations, and historical context that propel these movements forward. Furthermore, many college students lack a comprehensive understanding of the impetus behind social change movements. They may not fully comprehend the struggles, injustices, and inequalities that have historically motivated individuals and communities to come together and demand change. Without recognizing the historical context and the specific circumstances that have led to these movements, students may struggle to appreciate the urgency and importance of taking action.

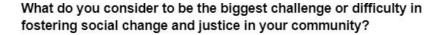
Another challenge the students have chosen is "resistance to change" (12 respondents). According to Brandt & Reyna (2017), it becomes apparent that individual differences play a significant role in determining one's resistance to change. Interestingly, regardless of the level of inequality within a society, those who perceive the existing order as more legitimate tend to display higher levels of resistance toward social change.

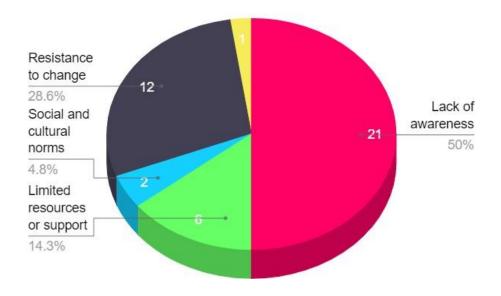
In addition to the challenges mentioned earlier, they are followed by "limited sources or support" (6 respondents) and "social and cultural norms" (2 respondents). According to Board et al. (2018), social and cultural norms are crucial in shaping behavior and thoughts

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within a specific cultural or social group. They represent the shared beliefs and expectations that govern what is considered appropriate or inappropriate in interactions among people. Although often unspoken, these norms serve as social standards that greatly influence individual behavior in various contexts. The environment created by these norms can either foster or mitigate change.

Furthermore, it is important to acknowledge that additional factors contribute to the difficulty in achieving social change and justice in the community. For example, one respondent in the study mentioned that complacency can be a barrier to progress. This highlights the presence of individuals or groups who may be resistant to change, satisfied with the status quo, or unwilling to challenge existing power structures or inequalities. These factors, combined with limited resources, social and cultural norms, and complacency, create a complex web of challenges that must be addressed to foster social change and justice in communities effectively.





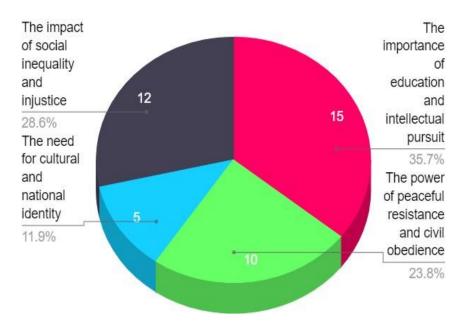
4. What are the most important lessons for social change and justice that may be drawn from Dr. Jose Rizal's life and sacrifice?

The respondents were then asked what they think is the most important lesson for social change and justice drawn from Dr. Jose Rizal's life and sacrifice. Most of the respondents chose "The importance of education and intellectual pursuit" (15 out of 42), which is nearly followed by "The impact of social inequality and injustice" (12 respondents) as key lessons for social change and justice. Other important lessons that the respondents have chosen are "The power of peaceful resistance and civil obedience" (10 respondents) and "The need for cultural and national identity" (5 respondents).

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The findings suggest that the students recognize the value of education and address systemic issues in effecting positive change. Deponio & Viray (2022) stated that students are well-motivated to increase their knowledge by their appreciation and inspiration from the life and works of Rizal. Rizal's accomplishments can inspire students to follow in his footsteps by motivating them to perform academically well in class.

What are the most important lessons for social change and justice that may be drawn from Dr. Jose Rizal's life and sacrifice?

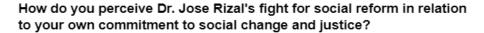


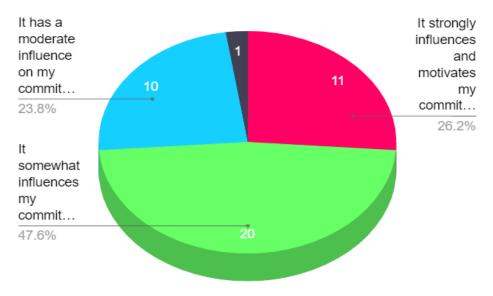
5. How do you perceive Dr. Jose Rizal's fight for social reform in relation to your own commitment to social change and justice?

The respondents were asked about their perception of Dr. Jose Rizal's fight for social reform concerning their personal commitment to social change and justice. The responses indicate a range of influences from Dr. Jose Rizal's fight for social reform on the students' commitment to social change and justice. While a significant portion (11 respondents) strongly feel influenced and motivated by Rizal's fight, others acknowledge that additional factors also play a significant role in their commitment (20 respondents). Some respondents answered that although Rizal's fight moderately influences their commitment, other factors motivate them more (10 respondents). At the same time, there is a respondent (1 out of 42) that has a minimal influence on their commitment to social change and justice.

The importance of reading about the real-life story of a successful or remarkable person can influence, motivate, and provide encouragement. According to Gondong (2021), the teaching of Jose Rizal is a wake-up call, a tool for raising social awareness and fighting for our own rights as citizens of the country. It highlights the significance of Jose Rizal's teachings as a means to awaken societal consciousness and advocate for citizens' rights within the country.

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Conclusion

The research findings provide valuable insights into the impact of Dr. Jose Rizal's martyrdom on Level 2 Block A students' commitment to social change and justice. The majority of the students demonstrated a degree of familiarity with Rizal's life and achievements, recognizing the importance of learning about his life and works in today's generation. They identified the lack of awareness, resistance to change, and limited resources or support as the main challenges in fostering social change and justice in their communities.

The respondents acknowledged several important lessons for social change and justice drawn from Dr. Jose Rizal's life and sacrifice. These lessons include the significance of education and intellectual pursuit, the power of peaceful resistance and civil obedience, the need for cultural and national identity, and the impact of social inequality and injustice. The perception of Dr. Jose Rizal's fight for social reform varied among the respondents, with some strongly feeling influenced and motivated by his fight, while others recognized the influence of other factors in their commitment to social change and justice.

The study highlights the enduring relevance of Dr. Jose Rizal's ideologies, principles, and martyrdom in shaping the commitment of students to social change and justice. It underscores the importance of incorporating Rizal's teachings into the educational curriculum to foster a sense of social responsibility and activism among future generations. The findings also emphasize the need to address the challenges of awareness, resistance to change, and limited resources or support in promoting social change and justice.

The research study holds significance for students, teachers and educators, and the community at large. It can inspire students to develop a stronger commitment to social change and justice, provide educators with valuable insights for effective teaching

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strategies, and contribute to the community's understanding of Dr. Jose Rizal's martyrdom and its implications for justice and social change.

Overall, the findings of this research contribute to a deeper understanding of the impact of Dr. Jose Rizal's martyrdom on the students' commitment to social change and justice. They inform the development of educational programs and interventions that nurture active citizenship and meaningful participation in societal issues, aligning with the principles of Dr. Jose Rizal's legacy. By studying and embracing the values and principles embodied by Dr. Jose Rizal, students can become catalysts for positive social transformation and advocate for a more just and equitable society.

Recommendations

Based on the findings of this research study, the following recommendations are proposed:

- a. Enhance the curriculum: The curriculum of higher education should be designed to incorporate the teachings of Dr. Jose Rizal, emphasizing the importance of social change and justice. By integrating Rizal's life, works, and principles into the curriculum, students can develop a deeper understanding of his contributions and their relevance in addressing contemporary social issues.
- b. **Promote awareness:** Efforts should be made to increase awareness among students about Dr. Jose Rizal's life, writings, and martyrdom. Workshops, seminars, and educational campaigns can be organized to provide a platform for discussions and reflections on Rizal's teachings and their implications for social change and justice.
- c. **Foster critical thinking:** Higher education should emphasize critical thinking skills to enable students to critically analyze societal issues and identify strategies for social change and justice. By developing critical thinking skills, students can become active agents of change and contribute to the betterment of their communities.
- d. Encourage community engagement: Higher education should provide opportunities for students to engage with their communities and actively participate in efforts to address social issues and promote justice. Community service projects, volunteer work, and partnerships with local organizations can provide practical experiences that reinforce the importance of social responsibility and activism.
- e. **Research and evaluation:** Further research is needed to explore the long-term impact of Dr. Jose Rizal's martyrdom on the commitment to social change and justice among students. Longitudinal studies can provide insights into how Rizal's teachings influence their professional practice and engagement in social issues throughout their professional careers.

By implementing these recommendations, educators, policymakers, and society as a whole can contribute to the development of socially responsible and committed students who actively work towards social change and justice, aligning with the principles and legacy of Dr. Jose Rizal.

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